

Living A Life of Balance
Refreshment Schedule
August-7, 2017-February 19, 2018

Date	Name	Chapter
August 7, 2017	Ann Biggers Ellen Matsuura	1 Pages 9-15
August 21, 2017	Carol Cheng Lynette Oh	2 Pages 17-23
September 4, 2017	Cori Watanabe Karen Hiroshige	3 Pages 25-32
September 18, 2017	Loreene Fujioka Carol Ann Watanabe	4 Pages 33-39
October 2, 2017	Gayle Asano Debbie Chang	5 Pages 41-47
October 16, 2017	Ruth Younggren Linda Chun	6 Pages 49-54
November 6, 2017	Theresa Pong Jessica Chezik	7 Pages 55-62
November 20, 2017	Miki Hallstrom Loreene Fujioka	8 Pages 63-68
December 4, 2017	Barbara Hotta Denise Malayang	9 Pages 69-75
December 18, 2017	Minori Murata Lisa Baniaga	10 Pages 77-86
January 15, 2018	Madeline Oliva Rachel Hallman	11 Pages 87-93
February 5, 2018	Amy Pritikin Cori Watanabe	12 Pages 95-102
February 19, 2018	POTLUCK	Review Pages 103-109